

COMMUNITY CONNECTIONS

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Goodbye, Liz!

This month, the Coalition is saying goodbye to a long-time member: Liz Chang. Liz has been an integral Prevention Intervention Specialist at Cascade Middle School for the past three school years. This year alone, she led students' involvement with: volunteering at the White Center food bank, picking up trash at Thurneau Park, participating at the Prevention Summit in Yakima, promoting Red Ribbon Week and Drug Facts Week, setting up games in the fitness room, and participating at WE Day.

making connections with her students resulting in building strong bonds that should benefit the students far into their futures. It has been a pleasure building a relationship with Liz and enjoying the energy and dedication she exhibits in every aspect of her work with students. Thank you, Liz for all of your hard work and dedication to the youth in the community!

Luckily, Liz's responsibilities will fall into the capable hands of Megan Wanless and Sheshana Mahmood, who will take over the work at Cascade Middle School and in the greater community.

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Next Month's Meeting:

Wednesday, June 14th
12:00pm- 1:30pm
Seola Gardens Community
Room B
10934 4th Pl. SW Seattle,
WA 98146

At next month's meeting:



Mission Statement

The Coalition for Drug-Free Youth educates, inspires and empowers our community to support youth and create a safe, healthy environment aimed at addressing alcohol, tobacco, and other drug problems.

Marijuana & Vaping Prevention Grant: That's a wrap!

The Marijuana and Vaping social media campaign project has come to close, but we hope that its products will have a lasting positive impact on the community.

awareness to the community, shared feedback and came out to the community celebration.

Thank you to everyone who helped us out along the way, followed us on social media, spread project

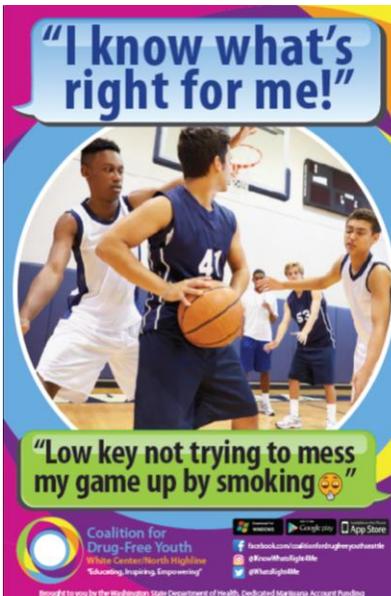
A very special thank you to the students and youth leaders at Cascade Middle School and the Evergreen campus for providing feedback every step of the way, spreading campaign awareness and for coming to the community celebration!



 @WhatsRight4Me
 @IKnowWhatsRight4Me
 www.facebook.com/Coalitionfordrugfreeyouthseattle/

Thank you to Speed of Sound Studios for creating an awesome prevention video with original musical compositions. If you have yet to see the final video, follow us on a social media account, where we will have the final product posted soon!

Another big thank you to Rod Paulino and his entire team at AppInteract for creating a one-of-a kind, White Center Resource app. The app will be available in Windows, Google Play and the iOS stores under the name "I know what's right for me". Check it out and take advantage of all the specialized information it has to offer!



Keep an eye out for prevention posters that are hung up around the community. These posters were designed by Kim Miller and Lisa Austin from Graphics Plus.

The Community Celebration at the White Center Library was a wonderful way to kick off the launch of all of these products and for students to get involved with their local community. Local organizations came out to table at the celebration including representatives from: Neighborhood House, Reconnect to Opportunity, Southwest Boys and Girls Club, SeaMar, NHUAC, YWCA, KCLS, Kiwanis, and the Evergreen Prevention Team.

The More You Know...

All about vaping! What do you really know about e-cigarettes? Here are some facts that you may not have known:

1. Other names for e-cigarettes includes: hookah pens, e-hookahs, or vape pens.
2. E-cigarettes are not regulated. They are new and have no watchdog agencies making sure they are safe.
3. Long-term health effects are not yet known.
4. Batteries may pose risks because lithium batteries can explode or overheat.
5. Refill containers are not child proof. Children and pets can become seriously ill if they drink or touch e-cig fluids.
6. The FDA has not approved e-cigarettes as a quit device. There are safer and more effective ways to quit.
7. There's no evidence that switching to e-cigarettes is better than smoking tobacco.
8. The national youth survey estimates that e-cigarette use among US youth nearly doubled from 2011 to 2012.



For more information, check out the source at: www.lung.org and www.cdc.gov

About Our Organization

The Coalition for Drug-Free Youth was created in 2012 as a Community Prevention and Wellness Initiative (CPWI) organization dedicated to preventing alcohol and other drug abuse among middle and high school students in unincorporated White Center and the North Highline areas of King County, specifically, Cascade Middle School and the three schools that comprise the Evergreen Campus.

Through a series of programs and projects implemented in collaboration with Coalition partners on campus and the community, we seek to provide youth with positive alternatives to alcohol, tobacco and drug use.

These include Parent Nights and Open Houses at the Middle and High Schools, health fairs on-campus and in the community, support and sponsorship of Prevention Teams and

activities on-campus, community-wide media campaigns, community meetings and surveys.

School programs at Cascade Middle School and Evergreen Campus are facilitated by a Navos Prevention/Intervention Specialists (PI's) and a Student Assistant employed by Puget Sound Educational Service District (PSESD).



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We're on the Web!
See us at:
**Coalitionfordrugfree
youth.com**

The Coalition for Drug-Free Youth is funded by:



Transforming lives



King County
Department of
Community and Human Services